

Stephen Ministry Training Schedule 2008 - 2009

Purpose: To equip and train Stephen Ministers to provide the best possible care for their care receivers.

Tuesday evenings 6:30 - 9:00 PM **

Lesson Week	Date	Module	Module Number & Module Name	Reading Assignment Due This Session	Teacher
1	07-Oct	T-1	The Person of the Caregiver	None	Jody Wallin SLTC
2	14-Oct	T-2	Feelings: Yours, Mine, and Ours	<ul style="list-style-type: none"> ➤ "Feelings: Yours, Mine and Ours" Preclass reading, SMTM ¹ (Vol. 1) ➤ Preface thru Chapter 7 in <i>Christian Caregiving - a Way of Life</i> 	Jody Wallin SLTC
3	21-Oct	T-3	The Art of Listening	<ul style="list-style-type: none"> ➤ "The Art of Listening" Preclass reading, SMTM (Vol. 1) ➤ Chapters 8-13 in <i>Christian Caregiving - A Way of Life</i> 	Jody Wallin SLTC
4	28-Oct	T-4	Distinctively Christian Caring - Part 1	➤ Chapters 14-20 in <i>Christian Caregiving - a Way of Life</i> (Bring your book)	nelsole@att.net
5	04-Nov	T-4	Distinctively Christian Caring - Part 2	<ul style="list-style-type: none"> ➤ "Distinctively Christian Caring" Preclass reading, SMTM (Vol.1) ➤ Introduction through Chapter 3 in <i>Speaking the Truth in Love</i> ➤ Bring book, <i>Christian Caregiving - A Way of Life</i> 	Jody Wallin SLTC
6	11-Nov	T-5	Process vs. Results in Caregiving	<ul style="list-style-type: none"> ➤ "Process vs. Results in Caregiving" Preclass reading, SMTM (Vol. 1) ➤ Review Chapters 2 & 18 in <i>Christian Caregiving - A Way of Life</i> ➤ Chapters 4-7 in <i>Speaking the Truth in Love</i> 	Jody Wallin SLTC
7	18-Nov	T-6	Assertiveness: Relating Gently and Firmly - Part 1	➤ Chapters 8-12 in <i>Speaking the Truth in Love</i> (Bring your copy of the book.)	Jody Wallin SLTC
	25-Nov		OFF	<i>Happy Thanksgiving!</i>	
8	02-Dec	T-6	Assertiveness: Relating Gently and Firmly - Part 2	➤ Chapters 13-18 in <i>Speaking the truth in Love</i> (Bring your copy of the book.)	Jody Wallin SLTC
9	09-Dec	T-7 T-8	Maintaining Boundaries in Caregiving Crisis Theory and Practice: Danger versus Opportunity	<ul style="list-style-type: none"> ➤ "Maintaining Boundaries in Caregiving" Preclass reading, SMTM (Vol. 1) ➤ "Crisis Theory and Practice: Danger versus Opportunity" Preclass reading, SMTM (Vol. 1) 	Jody Wallin SLTC
	16-Dec		<i>Makeup Class</i>	TBA	
	23-Dec		OFF	<i>Merry Christmas!</i>	
	30-Dec		OFF	<i>Merry Christmas!</i>	

¹ Reading assignments are to be completed before a particular session. You need to read these assignments prior to coming to the session. The abbreviation *SMTM* stands for Stephen Ministry Training Manual. Note that when you read books, the reading assignment schedule spreads out the reading of the book over several weeks prior to covering the book's subject matter in class.

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10	06-Jan	T-9	Confidentiality	➤"Confidentiality" Preclass reading, SMTM (Vol. 1) Introduction through chapter 3 in <i>When and How to Use Mental Health Resources</i>	Jody Wallin SLTC
11	13-Jan	T-10	Telecare: The Next Best Thing to Being There	➤"Telecare: The Next Best Thing to Being There" Preclass reading, SMTM (Vol. 1) ➤Chapters 4-6 in <i>When and How to Use Mental Health Resources</i>	Jody Wallin SLTC
12	20-Jan	T-11	Using Mental Health Professionals and Other Community Resources	➤"Using Mental Health Professionals and Other Community Resources" Preclass reading, SMTM (Vol. 1) ➤Chapter 7 - appendix E in <i>When and How to Use Mental Health Professionals</i> (Bring your book)	Jody Wallin SLTC
13	27-Jan	T-12	Ministering to Those Experiencing Grief	➤"Ministering to Those Experiencing Grief" Preclass reading SMTM (Vol. 1)	Jody Wallin SLTC
	03-Feb		<i>Makeup Class if Needed</i>	TBA	
14	10-Feb	T-13	Dealing with Depression: The Stephen Minister's Role	➤"Dealing with Depression: The Stephen Minister's Role" Preclass reading, SMTM (Vol. 1)	Jody Wallin SLTC
15	17-Feb	T-14	Helping Suicidal Persons Get the Help They Need	➤"Helping Suicidal Persons Get the Help They Need" Preclass reading SMTM (Vol. 1)	Jody Wallin SLTC
16	24-Feb	T-15	Bringing the Caring Relationship to a Close	➤"Bringing the Caring Relationship to a Close" Preclass reading, SMTM (Vol. 2)	Jody Wallin SLTC
17	03-Mar	T-16	Supervision: A Key to Quality Christian Care - Part 1	➤"Supervision: A Key to Quality Christian Care - Part 1" Preclass Reading, SMTM (Vol. 2)	Jody Wallin SLTC
18	10-Mar	T-16	Supervision: A Key to Quality Christian Care - Part 2	➤"Supervision: A Key to Quality Christian Care - Part 2" Preclass Reading, SMTM (Vol. 2) ➤Review "The Structure of Small Group Peer Supervision," SMTM (Vol. 2)	Jody Wallin SLTC
	17-Mar		OFF for Spring Break	<i>Be Careful and Have Fun!</i>	
19	24-Mar	T-17	How to Make a First Caring Visit	➤"How to Make a First Caring Visit" Preclass reading, SMTM (Vol. 2)	Jody Wallin SLTC
20	31-Mar	T-18	Follow Me	➤"Follow Me" Preclass Reading, SMTM (Vol. 2) Bring both volumes of your SMTM	Jody Wallin SLTC
	07-Apr		<i>Makeup Class if Needed</i>	TBA	

** Stephen Leader to contact in case of emergencies, absences or reading assignment confusion:

Name: Jody Wallin, Stephen Leader Team Coordinator

Phone number: W- 337-1527, C- 349-8144